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## How we Look at our Problems and other Problems on the Earth Plane

*By Estelle Roberts 2015*

We did have a bit of a wow of a time at our last demonstration did we not?

*We certainly did Estelle. They really appreciated being able to talk to you.*

Well I tell you I was a little bit taken back because the questions just kept coming did they not?

*They certainly did.*

And when we go forward with the new format we will break great grounds because it is not something that has ever been allowed in most churches. To actually speak to someone who is not of the physical.

*Yes.*

You see I was very careful how I put my words there because we are obviously all exactly the same, the only difference is you happen to be at this point in time incarnated in a physical body. And don't ever be negative or sorry about your position in life because to a great extent you chose the life that you are going to lead prior to your entry to the Earth Plane. Now having made that decision whether you make the best of it is entirely up to you. After all we have no control of your free will.

A lot of people blame the Great Master for the things that go wrong do they not? They always have to find somebody else to justify the problems which are existing. People aren't prepared to accept responsibility. Society has become very much that way now—a-days has it not? You've always got to find somebody else who is responsible for the negativity which you are suffering. Nobody is prepared, and I use that as a general term because obviously it isn't true if you actually analyse it that nobody is prepared, but for the point of discussion very few people are prepared to accept the problems which beset them and try to overcome them. Because that is the reason why the problems are there for you to overcome, have a challenge, because that's all they are you know, because there are no problems upon the Earth Plane which are

insurmountable. Quite often we consider that our problems are insurmountable but in reality they're not. It is merely our perception.

We look at the problems that are occurring around the world and we get very depressed about it don't we? And why do we do that? We get depressed about something which we have no input and no control over. So why on earth do you take it upon yourself to worry about it? I mean it is a bit silly isn't it? Worrying about something which you did not actually create and you have no way of influencing. Now if you can influence it well then jolly well go and do it, but if you can't accept it as a problem which is outside your zone of responsibility and not something which you should take upon your being. You can look at it in an academic manner and be aware of the issues and the problems and you can, if you are able, look at ways of changing or influencing a solution to these problems. But in reality you can only influence the small circle of friends and people that you come into contact with.

Now (*talking about someone in our circle*) over there, she has a daughter who has elected to follow the teachings of Mohammed. That doesn't make her a bad person. It doesn't mean that she has changed the thought pattern and the love that she has for her fellow beings. It just means that she has decided to change her journey and you have been told many times that the way forward has many branches and it doesn't jolly matter which branch you take. Obviously it will be better if you go straight up because that is the shortest way to the top isn't it? But if you go on a tangent, if you go a little bit wayward should we say, it doesn't mean that your final result will be any different than if you had gone straight to the top up the centre trunk. It just takes you a little bit longer doesn't it?

And while we're on the Earth Plane we are all so jolly worried about time aren't we? We all want to get things done in a hurry. Well I can assure you when you come here time is something which has no commodity. There is no relativity to what you have to do and the timeframe in which you have to do it. Because after all you have jolly well eternity to do it and that's a long time isn't it? And people tend to forget that. They tend to forget that to get to the point that we have developed at the moment took many millions of your years and yet they want to solve the world's problems in one lifetime. It just will not happen. It's an inconceivable and unrealistic expectation isn't it? But that's what we all want to do in reality isn't it? We want to solve the earth's problems in our short visit to the Earth Plane. Well I can assure you it is an unrealistic expectation.

What you can do is improve the love which you have instilled within your being at the time of your birth, your birth upon the Earth Plane. Now your job while you are here is to increase that love so when you leave the Earth Plane you are a better individual. You are closer to the eventual reuniting with the Holy Spirit. And we've all got to do it haven't we? I mean obviously I haven't got there yet and therefore I still have lessons to learn. I still have a little way to go before I can be reunited with the Heavenly Host.

All the guides who come to speak with you they all have a little bit of love which they have to incorporate within their being. A little bit of grey matter should we say in their aura and once they have eliminated it then they can make two choices. They can re-join our family and the Heavenly Host and then move forward on the journey which is ahead, or they can elect to come back and help those who have not reached that point yet.

So do not ever try and compare your problems with another. Do not ever try to evaluate how good or bad you are. Because it doesn't matter how good or bad you perceive you are, you can all be a little bit better. We can all be a little bit better. So that is our job should we say until the next Upliftment. To increase the love that we have within our soul, increase the forgiveness that we have for others and reduce the negativity and anger which sometimes rears its horrible head within our being. It is unrealistic to think that we can eliminate them, but we can take a giant step and improve the way we are and then we will become that much nicer person to be with.

*Estelle Roberts*  
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